CANCER: Doctor Cures Herself

GARY NULL:

Hello, everyone. I'm Gary Null. The show is NATURAL LIVING.

Our current guest is Doctor Lorraine Day. Doctor Day is a surgeon. She is the former Chief of Orthopedics and Trauma at San Francisco Hospital. She discovered alternative cancer treatments when she got cancer. We're going to talk to her about what happens when someone gets cancer who is supposed to know better -- who is supposed to know all the answers. We'll see what she found out.

Welcome to our show, Dr. Day.

DR. LORRAINE DAY:

Thank you very much.

GARY NULL:

Let's begin by taking a look at your knowledge before you found out that you had cancer, and what you thought of alternative healing, if anything, and what your journey allowed you to learn, and what you know now.

DR. LORRAINE DAY:

Well, as you pointed out, I've been an Establishment, orthodox medical doctor, in the center of academic medicine, for virtually all of my career.

Ten years ago I thought alternative treatments were "quackery," just as we are taught in medical school. There is tremendous peer pressure in the medical profession to make us believe that anything outside of drugs and outside of what we do in orthodox medicine is truly "quackery", and is not to be given a second thought.

Well, when I started reading information outside of the medical literature (because I had been doing a lot of radio and television broadcasts on other medical topics), and a lot of the good folks out there started sending me information, they would say things like:

"Do you have any idea that there is a big cover-up in cancer cures?"

Of course, at first, I thought that this was not to even be discussed, and yet, I did read the information. And when I did, I realized that what we were being taught in medical school, and what even I was teaching my residents, was incorrect. We were way off the mark, and I wanted to find out why this information had been suppressed and denied to doctors.

It was at that time that I started interviewing, on the radio, many "alternative" medical doctors about natural healing methods. And when I was in the midst of doing this, I found out that I, myself, had cancer. And so, I had a great fear for about forty-five minutes, and then I realized that I knew what to do about this. And it was not chemotherapy or radiation or massive mutilating surgery.

And I decided to embrace these natural, alternative healing methods that have been known for thousands of years, and to get myself well that way, rather than by being poisoned and burned.

GARY NULL:

Before this happened, did you find that there was a general bias against those treatments that are considered "complementary" or "alternative?"

DR. LORRAINE DAY:

Well, that's an understatement. The medical profession ridicules alternative medicine. And it turns out that they do so because they are totally ignorant of it, as I was. When I was ridiculing alternative treatments, it was because I had no knowledge of it and because you just jump on the bandwagon and do as you're told. Your average doctor who takes care of you out there is not involved in a conspiracy to keep you ill, but that is actually what he really does. He keeps you ill, rather than getting you well. But he is not involved in the conspiracy. He, or she, does NOT know. They are TOTALLY IGNORANT, just as I was ignorant. And the sad thing is that most doctors refuse to even investigate these alternatives because they have been so brainwashed into thinking that these treatments are no good.

GARY NULL:

By the way, this is not directly off the subject, but you might find this of interest.

For a long time, many of the different therapies offered within the alternative field -- let's say, for cancer or for AIDS -- have not been really qualified, medically. Clinically, they have. There is an enormous amount of good evidence with the therapies of Dr. Revici and Dr. Gerson and Dr. Burton and Dr. Burzynski and other therapies; these provide lots of good clinical studies showing that their patients who had terminal illness, today don't have illness. And we only know, theoretically, what works within each of these programs.

For instance, Dr. Revici gives copper and selenium in a particular way that is different. And there are a lot of dietary approaches: natural hygiene, macrobiotics, juice therapy, etc. And I just finished, after all these years ... I did research in the 1970s that was right on the target of determining the efficacy of each: what really works within each therapy. And it was based upon energy.

Now, with the new forms of physics that are at hand, and combining, with physics, the latest in engineering techniques, we've just been able to perfect a unit [of measure] ... and I'm going to start doing laboratory work in about six months where I'll actually take each of the therapies (including the therapy you use: the Gerson therapy), and see the vital life force that results from each of the therapies. For instance, we tested pork as a dietary factor, and it measured zero ... And you could apply this to the measure of therapies, as well.

In time, this method would help people to decide which of the alternative therapies would be best, because you could then test Dr. Burzynski's treatment which uses antineoplastins, Dr. Revici's refractory fatty acids, Dr. Burton's immune-augmentative therapies, and see which would be best when applied to that patient's life force. And when you give something to a patient that measures, not from 1 to 7, but which measures a minus 1, it de-energizes the person. It literally takes the life force out of them.

This is the first time that anything like this has been done. It is going to be about six months to a year before I'm able to come up with enough good-quality science that can be replicated, and then publish the results.

DR. LORRAINE DAY:

An interesting point that you brought up is about how bad pork is in the diet -- how it has no life force in it. All you have to do is go back to the historical origins [of the taboo against eating pork]. Some of basics of this alternative information have been around for thousands of years. In fact, when you go back, historically, into the Bible, you'll see that people were told not to eat pork.

So, some of these ideas have been around for a long time.

GARY NULL:

Let's go through your therapy, and what you did for yourself, and then tell us some of the lessons that you learned that you can share with others in this audience.

DR. LORRAINE DAY:

Well, first of all, I had read about many, many alternative therapies by the time I found out that

I had cancer. And I chose to use as the basis of my therapy what seemed to make the most sense. And I thought, until you clean out your body ... you know, lots of people clean their cars, and they clean their houses, but not too many people clean out their bodies. You've got to clean out your colon before you can start absorbing good food, and before you can really detoxify your body. It seemed to me entirely reasonable to clean out my colon, and to then get highly nutritious, concentrated, good, natural [organic] food into my body. The program that seemed to fulfill most of that, right off the bat, is the Gerson Therapy.

And, of course, there are other therapies around that are much like that.

So, I decided to start with a high-fiber diet, colon cleansers, colonics [colonic irrigation], enemas, to clean out my colon. And then I started with a [organic] high juicing diet. I ate regular

food, as well. I started out with cooked food because many cancer patients cannot tolerate a lot of raw food in the beginning. And then I changed to raw food as soon as I could. I now eat eighty to ninety percent of my food raw because it has enzymes in it.

So, I started out with all natural [organic] food. I stopped eating all [foods containing] sugar, salt, quit all dairy products; no meat. And I stuck to fruits and vegetables and grains. That was the basis of it. And then I added some other things too because I was very interested in many other alternatives, such as laetrile [used in the Burton therapy], shark cartilage, things like that. And so I started out on those things. I now take essiac tea regularly. I take red clover tea.

And I continue on a regimen of colon cleansing (which is not as often as I did in the beginning), and natural foods.

GARY NULL:

Good. Well, that's a pretty good program to get started with. Now show us how you've changed your practice.

You're still practicing medicine. Right?

DR. LORRAINE DAY:

Well, actually, I'm doing what I think is the purest form of public health. I've had so many requests to speak and to write on this subject. And, of course, I made a video called "CANCER DOESN'T SCARE ME ANYMORE." I spent so much of my time doing this, and speaking and writing, that I really am not practicing on patients right now -- not taking care of them because, in my office, I would be able to see maybe two hundred patients a week. And on radio and television and by writing, I reach many hundreds of thousands a week. I have done as many as ten to fifteen radio shows every week. And so, it doesn't leave much time to run a practice. So, right now, I'm spending most of my time doing public education.

GARY NULL:

Well, you can do that and still see people. I still see fifteen to twenty people a day. And yesterday, I did sixteen radio shows. That was a busy day. Plus I got my own [vitamin] drips in.

Why don't you tell people what happens when they get cancer.

And let's go through the mistakes that most people and physicians innocently make that can end up causing them problems that they can now prevent. From your perspective.

DR. LORRAINE DAY:

Certainly. Well, first of all, cancer is a disease of the body's immune system. You cannot get cancer unless something has gone wrong with your immune system, because your immune system keeps you healthy. Everyone gets cancer cells in their body every day, but if your immune system is working properly, it destroys those cancer cells, and you are just fine. However, if something is wrong [with your immune system], then those cancer cells are allowed to build up, and they eventually form a tumor or a mass which is detectable by feeling it or by some sort of a test.

Now, most of the therapies in conventional medicine are VERY destructive to the body's immune system. Chemotherapy is nothing more than a poison. The first chemotherapeutic agents were developed during World War II as chemical warfare agents. They were designed to kill people. And after the war was over, they had all of these chemical warfare agents left over, and they decided to use them on cancer patients in the hope that they might kill just a part of them, rather than all of them. But they are still meant to KILL.

They do NOT build the immune system. They destroy what is left of the immune system. Radiation therapy does the same thing. Mutilating surgery does the same thing. It destroys your immune system.

So it didn't make any sense to me, when I finally saw the big

picture, that, if you ALREADY have a problem with your immune system, WHY would you want to have therapies that DESTROY what is left of your immune system? And that is one reason why most people end up dying of cancer.

The chemotherapy and the radiation WILL destroy a lot of the cancer cells, but rarely will they destroy all of them. So when these cancer cells come back [greatly multiplying again] in about a year or so, not only are they resistant to the previous chemotherapy and radiation therapy that was used, but now you have no immune system left to help you get well. And thus, you succumb to the disease, and you die.

And that is what happens over and over and over again. That's why over half a million people are dying of cancer every year in the United States.

DR. LORRAINE DAY:

So, I decided that I would NOT undergo those kinds of therapies --that I would work towards building my immune system; build it up so that it could take care of the cancer.

Now, I did have a lumpectomy so that they could have a diagnosis, but they could not get all the cancer unless they did a mastectomy.

I refused to have that done. I said, leave the cancer cells in. I will build my immune system. The body can then take care of those cancer cells. And that is how I did it. I would not recommend anyone having any therapy that destroys their body's immune system.

And yet, we in Medicine have all been brainwashed into believing that this is the best way. Of course the patients out there are told by their doctors:

"You MUST have this done, or else you will die!"

GARY NULL:

Let's take a look at the mistakes that the physician makes, so that we see both sides of the issue.

DR. LORRAINE DAY:

Well, the physician does not understand how cancer is caused. They keep saying, "Well, it's in the genes, and there's really nothing you can do to keep from getting cancer."

They will say, now, that if you eat your fruits and vegetables, it will help, in a small way, to prevent cancer. But they really teach that you cannot take responsibility for your life; that things sort of hit you, like lightning out of the sky, and then, all you have to do is go to the doctor and put your life in his or her hands, and they will take care of everything.

However, when they do not understand what causes cancer, that it is just a disease of the immune system, then they make the mistake of giving therapies that destroy the immune system.

Now, how do they get into such a terrible bind? Well, the pharmaceutical companies are a hundred billion dollar [a year] business in this country. They have a TREMENDOUS control over what is taught in medical schools because they give grants to medical schools. By the method of giving grants and research funds, they control them. And so, what you learn in medical school is NOT how to heal people naturally, but you learn only what drug to give.

And all you have to look in is the Physician's Desk Reference on the bad reactions of drugs. And there are pages and pages, accompanying each drug, describing all the bad things that can happen. And so, doctors only learning about drugs, rather than natural healing ... naturally, they can only give you what they have learned, not necessarily what is the best thing for you.

And so, there's a tremendous amount of ignorance within the medical profession, as well as within patients. This is a terrible problem, and I don't see it being rectified soon because the pharmaceutical companies want to keep their hundred billion dollar [a year] business going. And, of course, fruits and grains and vegetables and these alternative methods are not patentable. And so, they are not a lucrative source of the medical/industrial complex to continue to make their gains with.

GARY NULL:

Okay. Tell us about what information you've been able to get back: feedback from people who have listened to you, men and women. When they get cancer, do they find that they have enough information or a belief that there is a legitimacy in the alternative therapies, such that they would try them? Or do they tend to listen to you, and then go back to the orthodoxy?

DR. LORRAINE DAY:

Of course, I reach a lot of people over the radio, as you do, and it's hard to know what everybody thinks. But I certainly do know that a lot of people -- in response to your information and my information and that of many others -- ARE turning to alternative therapies. We know that from surveys that are done. At least a third of the country is involved in some form of alternative therapy.

And, of course, this is making the orthodox medical doctors nervous. And the American Medical Association, the AMA, is getting very upset about this because people are realizing that orthodox medical ways do not work. And so, they are going for alternative methods.

On my video, CANCER DOESN'T SCARE ME ANYMORE, I talk about many other alternative therapies, even other than the ones I use. The same program may not be right for everyone. So, I give them all sorts of resources where they can study about it themselves.

I have found, however, that the majority of people do not really want to take charge of their health. They want to go and have somebody else just take care of them. That is unfortunate because that is a way that leads to a lot of pain and suffering.

If people WOULD take charge of their lives, and they would read about alternative methods, they will find the therapies that are best for them. They CAN take care of their own health.

The video, CANCER DOESN'T SCARE ME ANYMORE, wherein I talk about many of these things, can be obtained by calling 1(800)574-2437.

And included with the video is a little card in which I give the information on how to get all these other books, although I don't have anything to do with them. I don't even know many of the authors of these other books, but they helped me with MY therapy, and so, I make these available to other people.

From the Pacifica Radio Network station, WBAI-FM (99.5)

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